

2020 PRICES



NEW FOREST
HEALTH AND LEISURE

Public swimming Standard | Concessionary

65yrs+	£3.40	£2.60
18yrs+	£5.30	£2.65
8 - 17yrs	£2.70	£1.35
3 - 7yrs	£1.00	£1.00
0 - 2yrs	Free	Free
Teen Active	£2.20	NA
Senior Active	£2.60	NA
Swim Direct	Included	
Fitness Direct	Included	

Sauna and steam

16yrs+	£6.75
Concessionary 16yrs+	£3.60
Senior Active	£3.60
Swim Direct	Included
Fitness Direct	Included

Includes public swim subject to availability

	Standard Adult Junior	Concessionary Adult Junior	Active Senior Teen	Fitness Direct	Swim Direct
Group Fitness Classes					
30 mins	£4.60 £4.60	£3.60 £2.20	£3.60 £2.20	Included	£4.60
45 mins	£5.75 £5.75	£3.60 £2.20	£3.60 £2.20	Included	£5.75
60 mins	£7.00 £7.00	£3.60 £2.20	£3.60 £2.20	Included	£7.00
75/90 mins	£7.80 £7.80	£3.60 £2.20	£3.60 £2.20	Included	£7.80
Studio Cycling 30 mins	£4.80 £4.80	£3.60 £2.20	£3.60 £2.20	Included	£4.80
Studio Cycling 45 mins	£7.00 £7.00	£3.60 £2.20	£3.60 £2.20	Included	£7.00
Aqua Aerobics 45 mins	£5.75 £5.75	£3.60 £2.20	£3.60 £2.20	Included	Included
Aqua Aerobics 60 mins	£7.00 £7.00	£3.60 £2.20	£3.60 £2.20	Included	Included
Casual Activities					
Badminton Court peak	£10.00 £7.50	£7.50 £7.50	£10.00 £7.50	Included	£10.00
Badminton Court off peak	£7.00 £5.50	£5.50 £5.50	£7.00 £5.50	Included	£7.00
Table Tennis	£6.00 £6.00	£6.00 £6.00	£6.00 £6.00	£6.00	£6.00
Gym					
Gym sessions	£7.50 £4.00	£3.60 £2.20	£3.60 £2.20	Included	£7.50
Gym induction	£15 £15	£15 £15	Included Included	Included	£15

Court peak times are: 5.00pm - close Monday to Friday and all day at weekends

Court off peak times are: from opening - 5.00pm Monday to Friday

Membership peak and off peak times differ from above

From 1 January 2020

**Applemore
Health and Leisure**
Claypits Lane
SO45 5TN

**Lymington
Health and Leisure**
North Street
SO41 8FZ

**New Milton
Health and Leisure**
Gore Road
BH25 6RR

**Ringwood
Health and Leisure**
Parsonage Barn Lane
BH24 1PX

**Totton
Health and Leisure**
Water Lane
SO40 3GX

GO DIRECT



NEW FOREST
HEALTH AND LEISURE

No joining fees

Only a three month commitment

Use of all five centres

Fitness Direct

- Gym induction
- Gym use
- Fitness classes
- Swimming
- Sauna and steam
- Badminton
- Programme advice
- Discounts on activities

£27 - £47
per month



Swim Direct

- Swimming
- All pool based fitness classes
- Sauna and steam

£23 - £29
per month

